



ANXIETY DISORDERS IN CHILDREN

A PRESENTATION BY "SMALL STEPS" from the Mental Health Association of NSW

All community members are invited to attend this specialist presentation at Dalmeny Public School (in the front demountable), Cnr San Marino & Dalmeny Drives, Prestons 2170, on Tuesday, 29 November, 2011 at 7.30pm.

<p>TYPICAL ANXIETY DISORDERS</p> <p>Generalised Anxiety Disorder Children with generalised anxiety disorder worry about a broad range of issues including: everyday, catastrophic, and/or novel events.</p> <p>Obsessive Compulsive Disorder The thought is obsession. The need to act is the compulsion. These children have repetitive thoughts and/or actions, eg erasing their work to find perfection.</p> <p>Social Anxiety These children are very shy and concerned about how others view them. They will avoid social situations or circumstances where people of most concern to them will be present.</p> <p>Separation Anxiety Separation anxiety as a disorder appears in older children who fear leaving their caregiver. They may have morbid fears about the well-being of their caregiver in their absence.</p> <p>Specific Phobia These children show strong irrational fear reactions to certain objects or events (eg thunder storms). They avoid these objects or events in order to avoid the fear associated with them.</p>	<p>PRESENTATION</p> <p>For parents and teachers the following issues are covered:</p> <ul style="list-style-type: none">• the difference between normal anxiety and anxiety disorders• types of anxiety disorders• signs and symptoms of anxiety disorders• managing anxiety disorders at home and school <p>Presentation involves:</p> <ul style="list-style-type: none">• PowerPoint presentation• reference materials• a question and answer session• no cost to the participant  
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ANXIETY IS SPELT – FALSE EVIDENCE APPEARING REAL